

GROWING AN EBP CULTURE











Why an EBP culture is Important?

Evidence-based practice (EBP) is essential to implementing **high-quality care**, improving **patient outcomes**, and **reducing costs**. It should be embedded within a team's culture to ensure the **best patient care** is provided.

Tips for building:

EBP involves the integration of best available evidence, with clinical expertise, the patient's values and preferences and the local health context ^[1].

Journal clubs are one way that your team can build a culture of EBP. Below are other examples of how you can build a culture of EBP within your team:

	Encourage clinicians to have a “questions book” or space handy (i.e., back of diary) where they can jot down clinical questions as they arise. These questions can later be answered in upcoming journal clubs or individually through the process of EBP
	Have EBP as an agenda item in team meetings to share ideas about practice and new research evidence and/or outcomes from journal club(s)
	Access and share current evidence- based guidelines (and clinical decision support systems) in your practice area, and review/audit current practice to identify any gaps
	Consider during team planning sessions, gaps in your service where best evidence and what your current practice do not align, and make a plan to translate the evidence into practice (further resources here)
	Keep current journal articles and EBP/research newsletters in the tea room/staff area and/or circulate to the team via email.
	Encourage people who attend conferences and professional development workshops to share their key learnings with the rest of the team
	Encourage staff to complete foundational EBP training which can be accessed for free at www.treatjournalclubs.com
	Join twitter and follow your favourite researchers to get updates on latest research articles as soon they are published you can share amongst your team

[1]- Hoffman, T., Bennett, S., Del Mar, C, B (2017). Evidence-Based Practice Across the Health Professions. 3rd edition. Elsevier; Chatswood.