

What is a Forest Plot?

- A **forest plot** displays the results of a meta-analysis from a systematic review.
- A **systematic review** provides a summary of the data from the results of a number of individual studies. If the results of the individual studies are similar, a statistical method (called **meta-analysis**) is used to combine the results from the individual studies.
- On the right of the forest plot below, the **size of the squares** (in red) indicate the size of the study (i.e., larger squares = larger study with more participants).
- The horizontal lines on either side of the centre square indicate the 95 % **Confidence Interval (CI)**. If the CI crosses the vertical “**line of no-effect**” it means that there is no effect found for that study.

Anatomy of a Forest Plot

