



TREAT JOURNAL CLUBS PRESENTER GUIDE: 4 simple steps



ROLE OF A PRESENTER

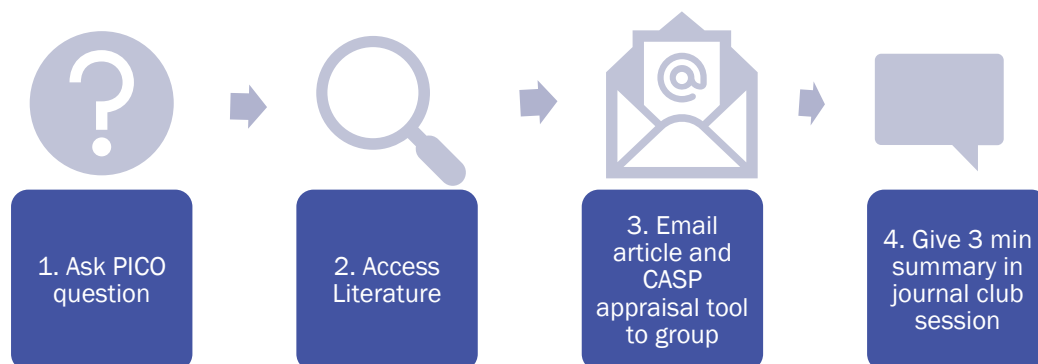
Congratulations on volunteering to be a TREAT journal club presenter! Being a presenter helps you practice developing a clinical question and searching the evidence, vital skills for evidence based practice (EBP). This guide will outline your role in four simple steps, please talk to your journal club facilitator if you have any further questions.

Before moving forward

- ✓ For an overview of how the TREAT journal club sessions run, it is recommended you watch the video [linked here](#) (approximately 10-minute duration).
- ✓ All journal club members are encouraged to complete the **EBP training modules** recommended for all members [linked here](#) (total approx. 30-40 min duration).

Four steps & time commitment

The **four key steps** of being a presenter are shown below. It takes about 1 hour to complete these tasks, however, to allow time to retrieve the article and send it to your team, you should try to begin these tasks about 3 weeks before your allocated journal club session.



Step 1: ASK an answerable PICO question



- ✓ You should have been allocated a topic that your journal club had prioritised as important to discuss at the journal club. If you can't recall your topic, contact the facilitator of the journal club who will remind you.
- ✓ The first step is to change this topic into an answerable clinical question using the PICO approach as outlined in the training module [here](#) and summarised below with an example. This approach will make searching for a relevant article easier.

PICO element		What does this mean?	Example
P	Patient/Problem/Population	Describe as accurately possible the patient/population (e.g., age, diagnosis)	Adult stroke inpatients
I	Intervention/Cause/Prognosis	What is the main intervention you are interested in? It may also include exposure to a risk factor or diagnostic test	7-day week allied health service
C	Comparator (Optional)	Is there an alternative treatment/risk factor/test to compare?	5-day week allied health service
O	Outcome	What clinical outcomes are you interested in?	Length of stay

Step 2: Access and search the literature



- ✓ Use your “P “ and “I” terms to develop a search strategy in a research database such as [TRIP database](#), [PubMed](#) or your library search engine. For more details about searching the evidence access training [here](#).
- ✓ Make a note of what search terms and databases you used
- ✓ From the potential abstracts you find, choose an article with the highest level of evidence (see training [here](#) for more information).
- ✓ If the article is not freely available (i.e., open access), contact your local health service library (if possible) to access the article or ask someone you know who has university library access to retrieve the article.



Step 3: Email to group

- ✓ Choose the most appropriate [CASP critical appraisal tool](#) based on the study design of your article. (If you are unsure, check with your facilitator)
- ✓ Email the article and CASP appraisal tool to your group ideally 5 days prior to the journal club session to allow peruse it
- ✓ If you have time go through the CASP appraisal tool with the article, particularly Section C, do so before the journal club session.



Step 4: Give a summary at the journal club

- ✓ You will be asked to informally share the following information at the start of the journal club session. This should only take about 3-5 minutes:
 - What is the background about the clinical problem or topic you were allocated (e.g., why do you think your team chose it, is it a common problem seen? Have you experienced it before?)
 - What was your PICO?
 - P
 - I
 - C
 - O
 - What was your search strategy? Which terms did you use? What databases were searched? Were there any limiters? (e.g., English only, date ranges)

You will then participate in the critical appraisal and discussion with the other team members in the TREAT journal club.

For further information visit www.treatjournalclubs.com