



# Implementation Plan for CALHN SP Journal club

## JC Lead:

The following strategies are recommended to address identified potential barriers to running your journal club. Additional resources to assist with implementation including a step by step facilitator guide can be found at [Additional Resources](#). Once you are ready to implement your journal club, please invite journal club members via the JC admin page and participate in a pre-post evaluation so you can evaluate the impacts of your journal club. Please note these strategies are suggestions only and should be considered within the unique context of your team before implementing. You may also want to add your own strategies to address barriers to this plan, as well as timeframes.

Issue/Barrier	Strategy	Who is Responsible	Timeframe for Completion
Use Videoconference	Refer to running a journal club via <a href="#">videoconference guide</a> to assist with implementation		

Reduced confidence with EBP

Each JC member to access [EBP training](#) prior to running first journal club including why EBP is important,formulating a clinical question and searching the literature.

Find someone locally with research or EBP experience to act as a mentor to support your journal club and interpretation of EBP (see link here for tips on how to [identify a local research mentor who can assist with journal club](#)).

If you have access to a library within your healthcare service, contact a librarian about how they can assist your journal club with searching for and/or retrieving articles.

Each JC member to access EBP resources prior to running first journal club including formulating an answerable question and searching the literature. Consider formulating your first few PICO questions from the topics identified as important for a journal club as a group. Clinicians facilitating the journal club or with a further interest should also complete the [Critical Appraisal module](#)

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<p>Reduced participation</p>	<p>Encourage group discussion and active contribution across members, particularly during the critical appraisal and application to clinical practice (section B and D of CASP tools). Ensure that the same members are not the only ones contributing when facilitating.</p> <p>Generate set of ground rules as a group regarding participation (e.g., not using phones, safe non-threatening space for feedback and active participation)</p> <p>Encourage members to take turns taking on roles within the journal club (e.g., presenter, scribe) with names allocated on a timetable for each monthly journal club session.</p>		
<p>Reduced manager support</p>	<p>Send a link to document, <a href="#">TREAT journal clubs: A manager's perspective</a> and make a meeting with your manager and troubleshoot with them any barriers/concerns they have about the journal club (referring to implementation strategies and linked document that may address their concerns).</p>		

<p>Time and competing priorities</p>	<p>Discuss with manager whether can make protected time from clinical work to facilitate attendance amidst other competing priorities and/or allocate during scheduled service improvement or professional development time. Please refer to <a href="#">TREAT journal clubs: A manager's perspective</a> when thinking about discussing with your manager link here</p>		
<p>Manager does not expect clinicians to attend</p>	<p>Send a link to the <a href="#">Why TREAT journal clubs are important</a> video to your manager and the document, <a href="#">TREAT journal clubs: A manager's perspective</a> and make a meeting with your manager to discuss whether they would be willing to have a trial of protected time for staff to attend journal club.</p> <p>Invite your manager to attend the journal club.</p>		
<p>Access to expertise and resources outside team</p>	<p>Encourage all journal club members to watch the video of <a href="#">Why TREAT journal clubs are important</a> and <a href="#">how TREAT format works</a></p>		