



Implementation Plan for CALHN SP Journal club

JC Lead:

The following strategies are recommended to address identified potential barriers to running your journal club. Additional resources to assist with implementation including a step by step facilitator guide can be found at [Additional Resources](#). Once you are ready to implement your journal club, please invite journal club members via the JC admin page and participate in a pre-post evaluation so you can evaluate the impacts of your journal club. Please note these strategies are suggestions only and should be considered within the unique context of your team before implementing. You may also want to add your own strategies to address barriers to this plan, as well as timeframes.

Issue/Barrier	Strategy	Who is Responsible	Timeframe for Completion
Large Journal Club	<p>During critical appraisal using CASP tool, break into smaller groups to discuss answers for Section B before returning to larger group for discussion</p> <p>Nominate at least 2-3 journal club members to share the responsibility of journal club facilitators. These positions may wish to rotate during your implementation. Ensure that each of these facilitators have completed the EBP training and have a copy of the facilitator guide</p>		

<p>Staff from multiple professions attending</p>	<p>Ensure you brainstorm and prioritise the topics you will be discussing in your journal club as a group prior to running your first session to maximise relevance across professions.</p> <p>Ensure there is enough time in the journal club (at least 15 minutes) for staff from all professions to discuss the application of the journal club article to your teams' practice</p>		
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Reduced confidence with EBP

Each JC member to access [EBP training](#) prior to running first journal club including why EBP is important,formulating a clinical question and searching the literature.

Find someone locally with research or EBP experience to act as a mentor to support your journal club and interpretation of EBP (see link here for tips on how to [identify a local research mentor who can assist with journal club](#)).

If you have access to a library within your healthcare service, contact a librarian about how they can assist your journal club with searching for and/or retrieving articles.

Each JC member to access EBP resources prior to running first journal club including formulating an answerable question and searching the literature. Consider formulating your first few PICO questions from the topics identified as important for a journal club as a group. Clinicians facilitating the journal club or with a further interest should also complete the [Critical Appraisal module](#)

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<p>Time and competing priorities</p>	<p>Discuss with manager whether can make protected time from clinical work to facilitate attendance amidst other competing priorities and/or allocate during scheduled service improvement or professional development time. Please refer to TREAT journal clubs: A manager's perspective when thinking about discussing with your manager link here</p>		
<p>Variable attendance</p>	<p>Discuss with manager whether will consider making journal club mandatory part of professional development and/or service improvement time.</p> <p>Ensure there is regular time for journal club to take place and consistent room where possible (if meeting in person)</p> <p>Set up calendar appointments and email reminders to remind people to attend journal club once you have the time organised</p>		
<p>Reduced knowledge, confidence and skills</p>	<p>Encourage all journal club members to watch the video of Why TREAT journal clubs are important and how TREAT format works</p>		

<p>Reduced preparation time</p>	<p>Allocate presenting clinicians to topics at least a month in advance so they have time to prepare according to the presenter instructions</p> <p>Ensure the article and CASP tool to be discussed is sent out at least one week in advance from the journal club.</p> <p>Pair a clinician who is presenting with a clinician more confident in EBP to assist with the process of preparing whilst also building confidence.</p>		
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